

REVISED 02-02-23

CITY OF LOS ANGELES - DEPARTMENT OF RECREATION & PARKS

2023 METRO REGION CO-ED & GIRLS BASKETBALL TOURNAMENT



"SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY! BE A GOOD SPORT!"



METRO REGION SPORTS BOARD

**Carlos Alvarado
Ramon Bernal
Christian Oliva
Sandra Sedano
Adrian Morales**

**Sports Board Supervisor
President
Vice President
Secretary
Treasurer**

Members:

**Al Ramos, Adrian Morales, Sergio Rodriguez,
Ana Valdez, Elizabeth Marquez, Mayra Alvarez, Christian Oliva, Sandra Sedano,
Kevin Gomez, Constance Caldwell, Diego Rivera**

Co-ed Tournament Chairpersons::

Al Ramos, Mayra Alvarez, Christian Oliva

2023 METRO REGION BASKETBALL TOURNAMENT

TOURNAMENT FORMAT

1. All Citywide Basketball rules shall apply.
2. All participants must sign in prior to playing in the game.
3. The visiting team will be listed on the left. They will choose their bench and must shoot at the basket opposite from their bench in the first half.
4. Home team will wear the lighter color jersey if listed **on top** of the Regional bracket.
5. Coaches must sign a Code of Conduct and will be responsible for the conduct of their players and fans. Also, ALL coaches must have taken the PCA coaching workshop in order to coach in the tournament. **Coaches are reminded that Sportsmanship is the top priority in the tournament.**
6. Teams forfeiting due to A. Code of Conduct violation B. Playing an ineligible player during the tournament will forfeit their last game, if this occurs during the single elimination portion of the tournament, their opponent shall advance.
7. **RULES PROTEST PROCEDURES: Protests will only be accepted concerning a misinterpretation of the rules.** If there is a protest, ONLY the Head Coach and/or Assistant Coach must notify officials prior to the second dead ball. The game will be stopped at that point and the committee will be called to make the final decision. The committee's decision shall be final. Protest time is not part of game time. Protests will not be heard on official's judgment calls. If a team loses their protest they also lose a timeout.
8. **ELIGIBILITY PROTEST PROCEDURE:** The Sports Board has taken reasonable steps to verify that all players in the tournament meet eligibility requirements. All players must appear on a league roster and have shown a valid proof of age. Any eligibility protests require proof from the coach that is protesting. A hearing will be held on such protests and the decision of the committee is final. Eligibility protests must be made immediately following the game.
9. **Games will start on time.** There is no grace period. It is up to each team to allow proper travel time to get to each game venue on time.
10. Teams should arrive at least **30 minutes prior to game** time in order to sign in.
11. In all Brackets, teams have been divided into pools, varying according to the number of teams entered by district.
12. **The top 2 teams will advance in each qualifying pool.** The Qualifying Teams will move on to the Regional Tournament Single Elimination Round.
13. Pools are selected by random draw.
14. In the event of a tie in a pool, the tie breaker will be as follows:
 - Head to Head match-up between tied teams
 - Fewest points allowed in games played by tied teams
 - Fewest points allowed in all games played
15. Tournament scores will be posted on this Website: <https://tinyurl.com/MetroSportsBoard>
For your convenience, you may scan the QR at the end of this packet.

Citywide Youth Sports Committee

SPORTSMANSHIP STATEMENT

Good sportsmanship among spectators, parents, coaches, players, and officials is expected.

We require that ALL spectators practice supportive and encouraging behavior at all times.

Inappropriate conduct and/or negative gestures are not allowed during any part of the game.

Examples of such behavior include the following:

- **Taunting the opposing team and their supporters.**
- **Derogatory comments to the officials/referees and others**
- **Distracting players with stomping, yelling, and/or banging devices.**
- **Usage of loud sounds such as horns/whistles/bells are prohibited.**

Failure to comply with the above rules may officially end the game and result in a forfeit loss for the offending team(s).

Recreation Centers - Address Information:

Bellevue RC 826 Lucille Ave. Los Angeles, CA 90026

El Sereno RC - 4721 Klamath St. Los Angeles, CA 90032

Pan Pacific Park 7600 Beverly Blvd. Los Angeles, Ca 90036

Yosemite RC - 1840 Yosemite Dr. Los Angeles, CA 90041

Pecan Recreation Center-145 S. Pecan St. Los Angeles, CA 90033

Downey Recreation Center -1739 Albion St.
Los Angeles, CA 90031

**NOTE: **1ST PLACE AND 2ND PLACE TEAMS ADVANCE TO SINGLE ELIMINATION
ROUND FROM EACH POOL ****

HOME TEAM WILL WEAR THE LIGHT JERSEYS

NORTH DISTRICT BRACKET

Minor Co-Rec Division

POOL I: Eagle Rock			Yosemite "A"		Highland	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3/11	9:00 am	El Sereno RC	Eagle Rock	VS.	Yosemite "A"
Tuesday	3/14	6:00 pm	Yosemite RC	Highland	VS.	Eagle Rock
Thursday	3/16	6:00 pm	Yosemite RC	Yosemite "A"	VS.	Highland

POOL II: Montecito		Rose Hill		El Sereno		Yosemite "B"
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3/11	10:00 am	El Sereno RC	Montecito	VS.	Yosemite "B"
Saturday	3/11	11:00am	El Sereno RC	Rose Hill	VS.	El Sereno
Tuesday	3/14	7:00pm	Yosemite RC	Yosemite "B"	VS.	Rose Hill
Tuesday	3/14	8:00pm	Yosemite RC	El Sereno	VS.	Montecito
Thursday	3/16	7:00pm	Yosemite RC	Montecito	VS.	Rose Hill
Thursday	3/16	8:00pm	Yosemite RC	El Sereno	VS.	Yosemite "B"

Major Division

POOL 1:		El Sereno	Highland	Montecito	Yosemite	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3/11	12:00pm	El Sereno RC	El Sereno	VS.	Highland
Saturday	3/11	1:00pm	El Sereno RC	Montecito	VS.	Yosemite
Tuesday	3/14	5:30pm	El Sereno RC	Highland	VS.	Montecito
Tuesday	3/14	6:30pm	El Sereno RC	Yosemite	VS.	El Sereno
Thursday	3/16	5:30pm	El Sereno RC	Yosemite	VS.	Highland
Thursday	3/16	6:30pm	El Sereno RC	El Sereno	VS.	Montecito

Junior Division

POOL 2:			Rose Hill	Highland	Yosemite	El Sereno
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3/11	2:00pm	El Sereno RC	Rose Hill	VS.	Highland
Saturday	3/11	3:00pm	El Sereno RC	El Sereno	VS.	Yosemite
Tuesday	3/14	7:30pm	El Sereno RC	Highland	VS.	Yosemite
Tuesday	3/14	8:30pm	El Sereno RC	Rose Hill	VS.	El Sereno
Thursday	3/16	7:30pm	El Sereno RC	El Sereno	VS.	Highland
Thursday	3/16	8:30pm	El Sereno RC	Rose Hill	VS.	Yosemite

EAST DISTRICT BRACKET

Minors Co-Rec Division

POOL I:		Wabash	Lafayette	Costello	Hazard	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	9:00 am	Downey	Wabash	VS.	Lafayette
Saturday	3-11	10:00 am	Downey	Costello	VS.	Hazard
Tuesday	3-14	6:00 pm	Downey	Lafayette	VS.	Costello
Tuesday	3-14	7:00 pm	Downey	Hazard	VS.	Wabash
Thursday	3-16	6:00 pm	Downey	Wabash	VS.	Costello
Thursday	3-16	7:00 pm	Downey	Hazard	VS.	Lafayette

POOL II:		Evergreen	Pecan	Garcia	State	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	11:00 am	Downey	Evergreen	VS.	Pecan
Saturday	3-11	12 pm	Downey	Garcia	VS.	State
Monday	3-13	6:00 pm	Pecan	Pecan	VS.	Garcia
Monday	3-13	7:00 pm	Pecan	Evergreen	VS.	State
Wednesday	3-15	6:00 pm	Pecan	State	VS.	Pecan
Wednesday	3-15	7:00 pm	Pecan	Evergreen	VS.	Garcia

EAST DISTRICT BRACKET

Majors Co-Rec Division

POOL I		Wabash	Garcia	Downey	Hazard	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	1:00 pm	Downey	Wabash	VS.	Garcia
Saturday	3-11	2:00 pm	Downey	Downey	VS.	Hazard
Monday	3-13	6:00 pm	Garcia RC	Garcia	VS.	Downey
Monday	3-13	7:00 pm	Garcia RC	Hazard	VS.	Wabash
Wednesday	3-15	6:00 pm	Garcia RC	Wabash	VS.	Downey
Wednesday	3-15	7:00 pm	Garcia RC	Hazard	VS.	Garcia

POOL II		Evergreen	Pecan	Lafayette	Costello	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	9:00 am	Pecan RC	Evergreen	VS.	Pecan
Saturday	3-11	10:00 am	Pecan RC	Lafayette	VS.	Costello
Monday	3-13	8:00 pm	Garcia RC	Pecan	VS.	Lafayette
Monday	3-13	8:00 pm	Pecan RC	Costello	VS.	Evergreen
Wednesday	3-15	8:00 pm	Garcia RC	Evergreen	VS.	Lafayette
Wednesday	3-15	8:00 pm	Pecan RC	Costello	VS.	Pecan

EAST DISTRICT BRACKET Juniors Co-Rec Division

POOL I: Wabash			Garcia	State	Hazard	
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	11:00 pm	Pecan RC	Hazard	VS.	State
Saturday	3-11	12:00 pm	Pecan RC	Wabash	VS.	Garcia
Tuesday	3-14	6:00 pm	Pecan RC	Garcia	VS.	State
Tuesday	3-14	7:00 pm	Pecan RC	Hazard	VS.	Wabash
Thursday	3-16	6:00 pm	Pecan RC	Wabash	VS.	State
Thursday	3-16	7:00 pm	Pecan RC	Hazard	VS.	Garcia

POOL II: Evergreen			Pecan	Costello		
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3-11	1:00 pm	Pecan RC	Evergreen	VS.	Costello
Tuesday	3-14	8:00 pm	Pecan RC	Pecan	VS.	Evergreen
Thursday	3-16	8:00 pm	Pecan RC	Costello	VS.	Pecan

2023 GRIFFITH DISTRICT BRACKET

GRIFFITH DISTRICT MINOR DIVISION

Pool I: Chevy Chase			Bellevue	Echo		
DAY	DATE	TIME	LOCATION	VISITOR	Vs.	HOME (light)
Sat.	3/11/2023	9:00 AM	Bellevue RC	Chevy Chase	Vs.	Bellevue
Tues.	3/14/2023	6:00 PM	Glassell RC	Bellevue	Vs.	Echo
Thurs.	3/16/2023	6:00 PM	Glassell RC	Echo	Vs.	Chevy Chase

Pool II: Cypress			Glassell	Silverlake		
DAY	DATE	TIME	LOCATION	VISITOR	Vs.	HOME (light)
Sat.	3/11/2023	10:00 AM	Bellevue RC	Cypress	Vs.	Glassell
Tues.	3/14/2023	7:00 PM	Glassell RC	Glassell	Vs.	Silverlake
Thurs.	3/16/2023	7:00 PM	Glassell RC	Silverlake	Vs.	Cypress

GRIFFITH DISTRICT MAJOR DIVISION

Pool I: Echo			Alpine	Cypress		
DAY	DATE	TIME	LOCATION	VISITOR	Vs.	HOME (light)
Sat.	3/11/2023	11:00 AM	Bellevue RC	Echo	Vs.	Alpine
Tues.	3/14/2023	8:00 PM	Glassell RC	Alpine	Vs.	Cypress
Thurs.	3/16/2023	8:00 PM	Glassell RC	Cypress	Vs.	Echo

Pool II: Silverlake			Bellevue	Glassell		
DAY	DATE	TIME	LOCATION	VISITOR	Vs.	HOME (light)
Sat.	3/11/2023	12:00 PM	Bellevue RC	Silverlake	Vs.	Bellevue
Tues.	3/14/2023	6:00 PM	Bellevue RC	Bellevue	Vs.	Glassell
Thurs.	3/16/2023	6:00 PM	Bellevue RC	Glassell	Vs.	Silverlake

GRIFFITH DISTRICT - JUNIOR DIVISION

Pool I:			Silverlake	Glassell	Alpine
DAY	DATE	TIME	LOCATION	VISITOR	Vs. HOME (light)
Sat.	3/11/2023	1:00 PM	Bellevue RC	Silverlake	Vs. Glassell
Tues.	3/14/2023	7:00 PM	Bellevue RC	Glassell	Vs. Alpine
Thurs.	3/16/2023	7:00 PM	Bellevue RC	Alpine	Vs. Silverlake

Pool II:			Echo	Bellevue	Cypress
DAY	DATE	TIME	LOCATION	VISITOR	Vs. HOME (light)
Sat.	3/11/2023	2:00 PM	Bellevue RC	Echo	Vs. Bellevue
Tues.	3/14/2023	8:00 PM	Bellevue RC	Bellevue	Vs. Cypress
Thurs.	3/16/2023	8:00 PM	Bellevue RC	Cypress	Vs. Echo

CENTRAL DISTRICT BRACKET

MINOR DIVISION

Pool 1:			Shatto	Normandie	Seoul
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS. HOME (Light)
Saturday	3/11	9:00 am	Shatto RC	Shatto	VS Normandie
Tuesday	3/14	6:00 pm	Queen Anne RC	Normandie	VS Seoul
Thursday	3/16	6:00 pm	Queen Anne RC	Seoul	VS Shatto

Pool 2:			Pan Pacific	Poinsettia	Queen Anne
DAY	DATE	TIME	LOCATION	VISITOR(Dark)	VS. HOME (Light)
Saturday	3/11	10:00 am	Shatto RC	Pan Pacific	VS Queen Anne
Tuesday	3/14	6:00 pm	Pan Pacific RC	Queen Anne	VS Poinsettia
Thursday	3/16	6:00 pm	Pan Pacific RC	Poinsettia	VS Pan Pacific

MAJOR DIVISION

Pool 1:			Shatto	Normandie	Seoul
DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS. HOME (Light)
Saturday	3/11	11:00 am	Shatto RC	Shatto	VS Normandie
Tuesday	3/14	7:00 pm	Queen Anne RC	Normandie	VS Seoul
Thursday	3/16	7:00 pm	Queen Anne RC	Seoul	VS Shatto

Pool 2:			Pan Pacific	Toberman	Queen Anne
DAY	DATE	TIME	LOCATION	VISITOR(Dark)	VS. HOME (Light)
Saturday	3/11	12:00 pm	Shatto RC	Pan Pacific	VS Queen Anne
Tuesday	3/14	7:00 pm	Pan Pacific RC	Queen Anne	VS Toberman
Thursday	3/16	7:00 pm	Pan Pacific RC	Toberman	VS Pan Pacific

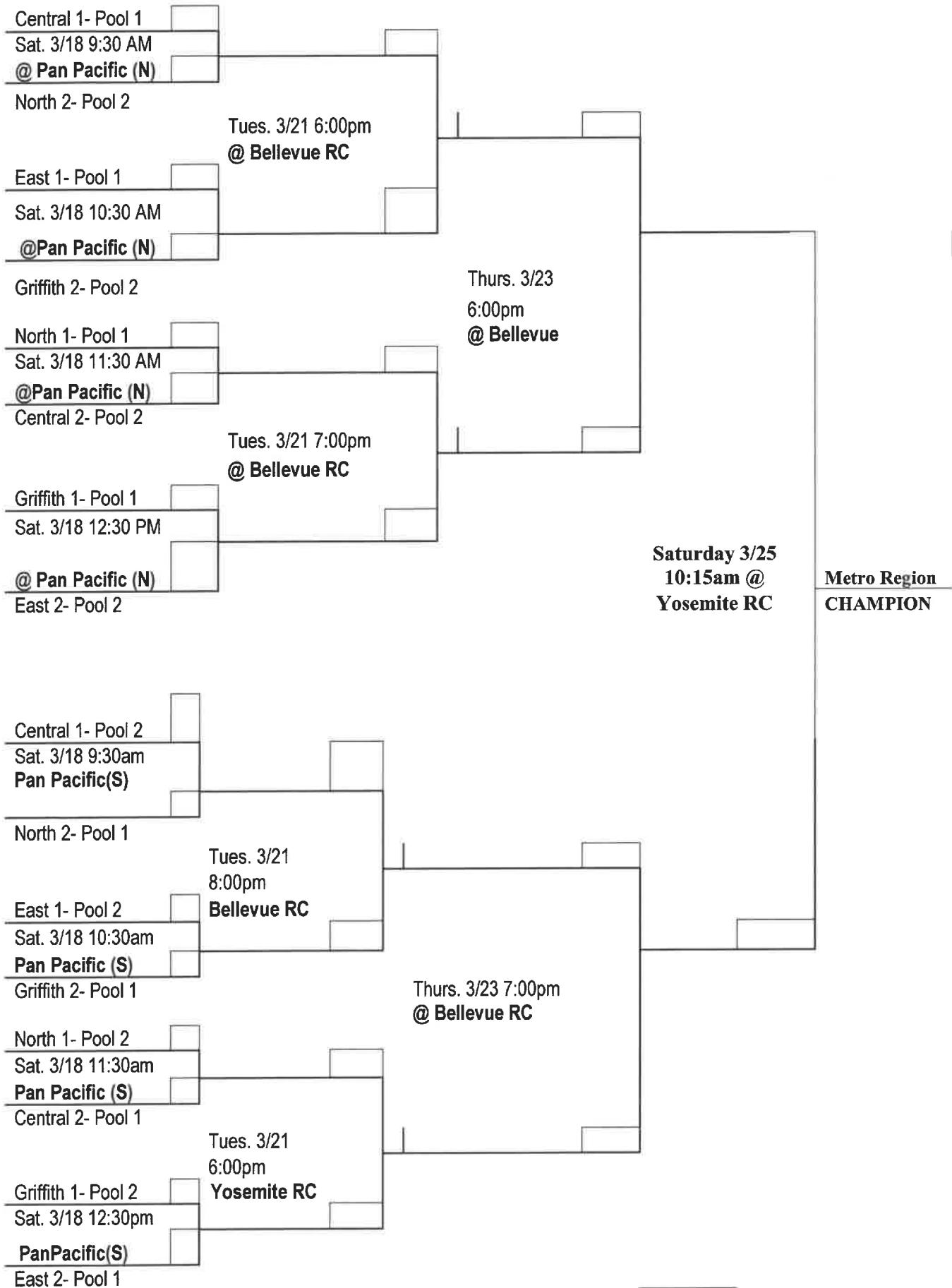
JUNIOR DIVISION**Pool 1:** **Pan Pacific** **Normandie** **Queen Anne**

DAY	DATE	TIME	LOCATION	VISITOR (Dark)	VS.	HOME (Light)
Saturday	3/11	1:00 pm	Shatto RC	Pan Pacific	VS	Queen Anne
Tuesday	3/14	8:00 pm	Pan Pacific RC	Queen Anne	VS	Normandie
Thursday	3/16	8:00 pm	Pan Pacific RC	Normandie	VS	Pan Pacific

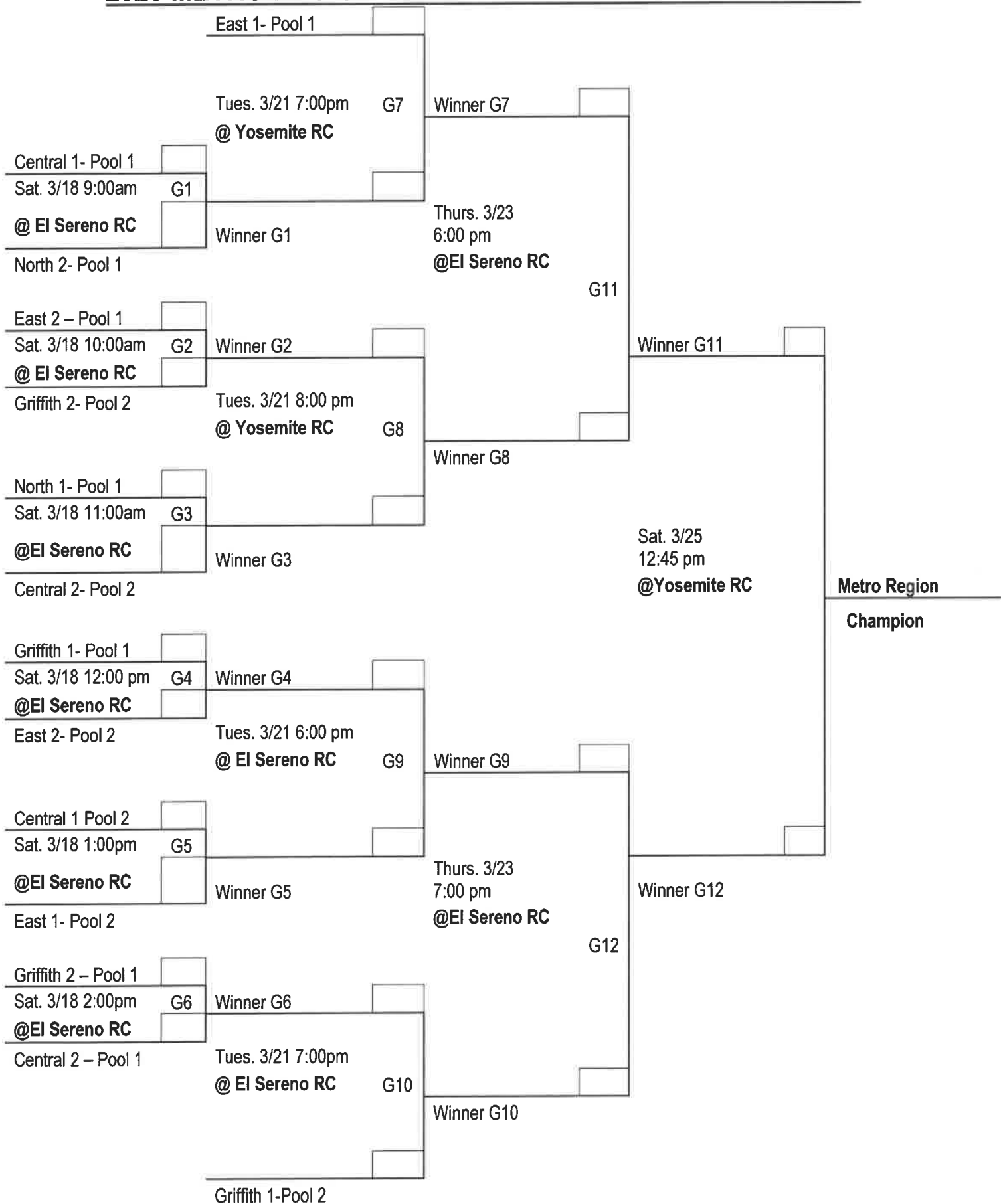
Pool 2: **Shatto** **Toberman** **Seoul**

DAY	DATE	TIME	LOCATION	VISITOR(Dark)	VS.	HOME (Light)
Saturday	3/11	2:00 pm	Shatto RC	Shatto	VS	Toberman
Tuesday	3/14	8:00 pm	Queen Anne RC	Toberman	VS	Seoul
Thursday	3/16	8:00 pm	Queen Anne RC	Seoul	VS	Shatto

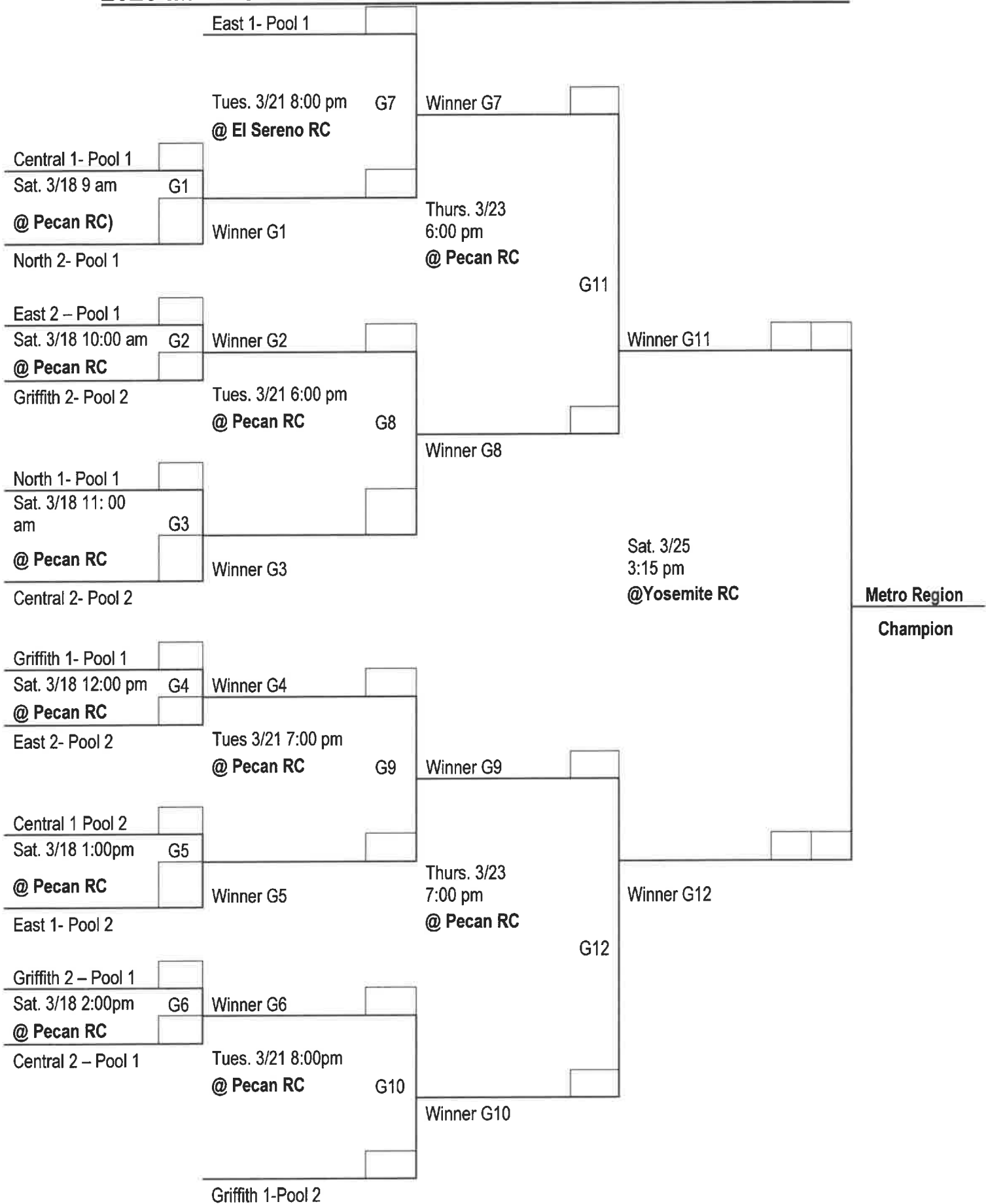
2023 METRO REGION CO-REC MINORS DIVISION BRACKET



2023 METRO REGION CO-REC MAJORS DIVISION BRACKET



2023 METRO REGION CO-REC JUNIORS DIVISION BRACKET



2023 METRO REGION GPLA BASKETBALL

GIRLS MINOR DIVISION POOL PLAY

**NOTE: **1ST PLACE AND 2ND PLACE TEAMS ADVANCE TO SINGLE ELIMINATION
ROUND FROM EACH POOL ****

POOL 1: 1. Pecan RC 2. Wabash RC 3. El Sereno RC 4. Rose Hills RC						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Saturday	3/11	9:00 am	Evergreen RC	Pecan RC	VS	El Sereno RC
Saturday	3/11	10:00 am	Evergreen RC	Wabash RC	VS	Rose Hills RC
Wednesday	3/15	6:00 pm	Downey RC	Wabash RC	VS	Pecan RC
Wednesday	3/15	7:00 pm	Downey RC	Rose Hills RC	VS	El Sereno RC
Saturday	3/18	9:00 am	Evergreen RC	Pecan RC	VS	Rose Hills RC
Saturday	3/18	10:00 am	Evergreen RC	El Sereno RC	VS	Wabash RC

POOL 2: 1. Pan Pacific RC 2. Queen Anne RC 3. Silverlake RC 4. Yosemite RC						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Saturday	3/11	11:00 am	Evergreen RC	Pan Pacific RC	VS	Queen Anne RC
Saturday	3/11	12:00 pm	Evergreen RC	Yosemite RC	VS	Silverlake RC
Wednesday	3/15	8:00 pm	Downey RC	Yosemite RC	VS	Pan Pacific RC
Thursday	3/16	8:00 pm	Downey RC	Silverlake RC	VS	Queen Anne RC
Saturday	3/18	11:00 am	Evergreen RC	Pan Pacific RC	VS	Silverlake RC
Saturday	3/18	12:00 am	Evergreen RC	Queen Anne RC	VS	Yosemite RC

GIRLS MINOR DIVISION SEMI-FINALS & CHAMPIONSHIP GAMES

1st in Pool 1

@ 6:00 pm
Wednesday, 3/22/23 @
Evergreen RC

2nd in Pool 1

Metro Region Championship
Game Sat. 3/25/23 @ 9:00 am
Yosemite RC

METRO REGION MINOR CHAMPION

1st in Pool 2

@ 7:00 pm
Wednesday, 3/22/23 @
Evergreen RC

2nd in Pool 2

GIRLS MAJOR DIVISION POOL PLAY

POOL 1:

1. Pan Pacific RC

2. Silverlake RC

3. Yosemite RC

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Saturday	3/11	1:00 pm	Evergreen	Pan Pacific RC	VS	Silverlake RC
Tuesday	3/14	8:00 pm	Downey	Silverlake RC	VS	Yosemite RC
Saturday	3/18	1:00 pm	Evergreen	Yosemite RC	VS	Pan Pacific RC

GIRLS MAJOR DIVISION CHAMPIONSHIP GAME

(1st in Pool 1)

Saturday 3/25/2023 @ 11:30 am
@ Yosemite RC

METRO
REGION

MAJOR
CHAMPION

(2nd in Pool 1)

GIRLS JUNIOR DIVISION POOL PLAY

POOL 1:

1. Yosemite RC

2. Garcia RC

3. Hazard RC

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Saturday	3/11	2:00 pm	Evergreen	Yosemite RC	VS	Garcia RC
Saturday	3/18	2:00 pm	Evergreen	Garcia RC	VS	Hazard RC
Wednesday	3/22	8:00 pm	Evergreen	Hazard RC	VS	Yosemite RC

GIRLS JUNIOR DIVISION CHAMPIONSHIP GAME

(1st in Pool 1)

Saturday 3/25/2023 @ 2:00 pm
@ Yosemite RC

METRO
REGION

MAJOR
CHAMPION

(2nd in Pool 1)



QR FOR FOR METRO REGION TOURNAMENT SCORES

City of Los Angeles
Department of Recreation and Parks
Citywide Youth Sports Board

2023 Citywide Tournament Rules

Basketball

The current High School Federation Basketball Rulebook will govern play in the Regional and Citywide Volleyball Tournaments with the following rules being the exceptions or clarifications. Rules can be clarified by the Regional or Citywide Youth Sports Board.

I. EQUIPMENT/PLAYER DRESS CODE

1. The Minor Division and all Girl's Divisions will use an intermediate-size ball (28.5"). The Major and Junior Divisions will use the official size ball (29.5").
2. Each team member must wear jerseys and shorts of the same color.
3. If a player wears a t-shirt/sleeveless shirt under the uniform, it must be the same color as the jersey (different color tank tops may not show from beneath the jersey).
4. Arm sleeves, knee sleeves, lower leg sleeves, and tights are permissible:
 - a) Must be a solid color, either black, white, beige, or the predominant color of the uniform. All teammates must wear the same color sleeves/tights, with the exception of knee braces. Note: A knee brace is defined as anything that contains hinges and/or straps or an opening over the knee cap.
5. Socks may be any color.
6. No individual's team number shall be the same. Jersey number must be at least 6 inches high on the back and at least 4 inches high on the front and no less the $\frac{3}{4}$ inch wide excluding the border.
7. The numbers shall be centered vertically and horizontally.
8. Each jersey shall be numbered on the front and back with plain Arabic numerals.
9. Any single- or double-digit number shall be allowed.
10. ***1 technical foul (2 shots) will be assessed per player for any uniform violation. Exception: Only 1 administrative technical foul (2 shots) will be assessed for multiple jersey number violations per team.***
11. Technical fouls on both teams do not cancel out, both teams will shoot free throws.
12. **Jewelry** is prohibited. Exception: Medical alert bracelets or necklaces. They must be taped to the body with the medical information visible.

II. ELIGIBILITY

1. The Recreation Center must have a minimum of 2 teams and 12 players in a division to be eligible to send an All-Star team in that division.
2. A player may not play on more than one team during the Regional or Citywide Tournament.
3. A player is ineligible if they are listed on a high school Varsity or Junior Varsity roster during the winter of the current year.
4. Only registered players listed on the recreation center's official tournament roster are eligible to play.
5. Proof of age is required.
6. Age is determined as of January 1st of the current year.
 - a) Minor Division: 9-10 years of age
 - b) Major Division: 11-12 years of age
 - c) Junior Division: 13-15 years of age
7. All-Star Tournament teams must meet all eligibility requirements as identified in the General Rules of the Citywide Youth Sports Board Bluebook.
8. All-Star Tournament Roster **must have a minimum of 8 players and a maximum of 10 players.**

9. If a player is found ineligible during the tournament, that player will be eliminated. The last game the player participated in will be considered a forfeit. It will have no effect on previous games already played in the tournament.

III. TIME OF THE GAME

1. There shall be **(2) twenty-minute halves**, running time, with an intermission of **3 minutes** between halves. The last 2 minutes of the game will be stop time if the score difference is less than 10 points.
 - a) Clarification: During free throws, if the score drops to a 9-point difference, the clock will stop at that moment. If during free throws the scores reach a 10-point difference, the clock will start when the ball is put into play.
2. Each team gets 2 time-outs per half. First-half time-outs do not carry over into the second half.
3. **Overtime:** In all divisions, should a game be tied at the end of regulation time, a 2-minute stop-time overtime period will be played. Each team will have 1 time-out in the overtime period. If needed, the second overtime period will be Sudden Death; the first team to score wins. Each overtime period will start with a jump ball. In the City and Region Championship Final Game, the game will continue with two-minute overtime periods until a winner is determined. (Sudden death will not be used).

IV. GAMEPLAY

1. A game may start with 4 players, but the team must have 5 by the start of the second half to avoid forfeiting the game.
2. There is **no Grace Period**. Game time is forfeit time.
3. Coaches must give starters and substitute numbers to the scorekeeper before every game.
4. The scorekeeper will keep the official score in the official scorebook.
5. The high school "blood rule" will be in effect for all games.
6. The Bonus Rule will start on the seventh team foul with a double bonus starting on the tenth team foul.
7. During a free throw, a player occupying a marked lane space may enter the lane on the release of the ball by the shooter. However, players occupying a marked lane space may not enter the free throw semicircle until the ball touches the rim or until the free throw ends.
8. Backcourt pressure (full-court press) is not allowed for teams ahead by 20 points or more at any time during the game. 1st violation is a warning, 2nd and all subsequent violations are team technical fouls.
9. If a team is ahead by thirty (30) or more points after half-time the scoreboard will be turned off, but the game will continue to be recorded in the official scorebook.

V. PLAYERS AND COACHES

1. The bench is only for players and up to 2 coaches. Players not in the game must remain on the bench.
2. Coaches must remain in the coach's box. Violation is a two-shot technical foul. Coaches box is usually marked on the court approximately 10 feet from half court and will extend to the baseline.
3. Only the head coach is allowed to stand and address the officials. If the coach gets a technical foul, she/he will not be allowed to stand.
4. A player will be eliminated from the game after receiving his/her 5th personal foul.
5. Coaches have up to 15 seconds to replace a disqualified or injured player once a warning signal sounds.
6. Any player, coach, or spectator that is ejected from the game, must leave the immediate vicinity of the playing field/court. The Citywide Sports Board reserves the right to determine a possible suspension of the person ejected based on the severity of the act(s) leading to an ejection.
7. Intentional fouls will result in two shots and the offended team receiving the ball. Intentional fouls include but are not limited to excessive contact with an opponent while the ball is live or until an airborne shooter returns to the floor.

VI. MANDATORY PLAY RULE

1. At the start of the first and second half, teams begin with 5 players, who must play the first 5 minutes consecutively. At the 15-minute mark of each half, a mandatory substitution will be called. Teams must insert all players on the bench into the game. No free substitutions will be allowed during the first 10

minutes of each half. The remaining 10 minutes of each half will be free substitutions. Exception: injured player. The injured player can be removed during the mandatory play period; however, the injured player must return to the game during this period if the injury no longer prohibits participation.

2. Directors/staff assigned to the game will be responsible for monitoring that teams are abiding by the mandatory play rule. Teams failing to adhere to the playing rules, risk forfeiting the game and/or having the coach removed for the remainder of the tournament.

VII. PROTESTS

1. Protests of rule interpretation will be handled on the spot by the Sports Committee or their representatives.

VIII. SPORTSMANSHIP AND CONDUCT:

1. Good Sportsmanship among spectators, coaches, players, and officials is expected. We require that ALL spectators practice supportive and encouraging behavior at all times.
2. Recreation Directors, paid staff, and coaching staff are responsible for the conduct of their fans.
3. If the head coach is ejected from the game, the assistant coach will coach the team. If the assistant coach is ejected from the game while taking place of the head coach, the game will be declared a forfeit.
4. Inappropriate conduct and/or negative gestures are not allowed during any part of the game (e.g. taunting, derogatory comments, distracting players with yelling, stomping or banging devices, using horns/bells/whistles). Failure to comply may result in forfeiting the game and/or suspension.
5. A player/coach ejected from the game will automatically be suspended from the next game. Depending on the severity of the ejection, the Sports Board may implement a multi-game penalty not limited to suspension from the remaining tournament.
6. Any violation of the rules may lead to further discipline including ejection from the game and suspension from the tournament.

Forfeit Scores

Basketball	2-0
Baseball/Softball	6-0
Football	1-0
Soccer	1-0
Volleyball	2-0 match / 25-0 game

National Federation of High School (NFHS)

Tie-breaker Scenario

NOTE: All pool play contests must declare a winner – No ties.

BASKETBALL

1. Head-to-head
2. Fewest points allowed between tied teams
3. Fewest points allowed in pool play games
4. Coin Toss

3-way tie: Follow advancement rules until a winner is declared, then repeat steps starting from step one (1) for the remaining spot.