City of Los Angeles Department of Recreation and Parks

#### WESTCHESTER RECREATION CENTER

7000 W. Manchester Ave, Los Angeles, CA 90045

Office: 310-670-7473

Westchester.RecreationCenter@lacity.org

# **YOGA / PILATES Instructor**

#### Available Hours:

• Hours Vary (Hours are not guaranteed and based on program enrollment.)

Job Description: Yoga/Pilates Instructor will create and lead classes in seasonal sessions. Duties Performed:

- Create and implement Yoga/Pilates lessons that are developed to student level.
- Set-up, break-down yoga room
- Adheres to City and departmental policies and procedures; performs related duties as required.
- Keeps communication with class in case of make-up sessions or running late.

## **Qualifications:**

- Applicants must possess the knowledge, skill and ability to instruct Yoga/Pilates Classes for youth and/or adults.
- Must maintain a punctual work schedule.
- Show up on time and ready with lesson plan.
- Maintain a positive teaching environment.
- Establish and maintain effective communication with patrons, staff and supervisor.
- Be Google efficient
- Must possess the ability to perform duties with minimum direction, no instruction and minimal supervision.
- Follow Department of Recreation & Parks COVID-19 safety protocols

## Experience and Education:

• Experience in teaching Yoga and/or Pilates.

**Due Date:** February 16<sup>th</sup>, 2023

## To Apply:

Email your resume to: Daisy.Gomez@lacity.org