



City of Los Angeles Department of
Recreation and Parks
Griffith/Metro Municipal Sports Office
3900 West Chevy Chase Drive
Los Angeles, CA 90039
(818) 246-5613



Flagfootball.munisports@lacity.org

2022 Flag Football Fact Sheet

TOPIC	DESCRIPTION
Registration	<ul style="list-style-type: none"> • Registration by teams only. • Individuals may register for the Free Agent List. • Registration will be accepted starting Monday, July 11th and will continue until the league fills or 5pm on Friday, July 29th.
Individual Players	<ul style="list-style-type: none"> • Players seeking to join a team can e-mail the sports office with the following information: Name, Age, Phone number, Experience, and positions played. • We will compile a list and circulate it to the team managers. In the event that our list should increase to the point that there would be enough individuals to form a team, a meeting and practice will be scheduled with the goal of establishing a team.
Type of League	<ul style="list-style-type: none"> • 7-on-7: traditional, blocking allowed
League Starts	<ul style="list-style-type: none"> • League is tentatively scheduled to start on Sunday, September 18th. • Regular season will consist of 12 games plus playoffs for teams that qualify.
Manager's Meeting	<ul style="list-style-type: none"> • Thursday, Sept. 1st, 6:00pm – To be held virtually
Games	<ul style="list-style-type: none"> • Will be played on Sundays at Solano Canyon Field in Elysian Park. • Game Times vary between 9am and 4pm pending total number of teams.
League Web Site	<ul style="list-style-type: none"> • https://www.laparks.org/sports/flagfootball • Web site consists of a variety of league information; in addition, all forms pertaining to the league may be downloaded from this site.
E-mail address	<ul style="list-style-type: none"> • Flagfootball.munisports@lacity.org
Holidays (no games scheduled)	<ul style="list-style-type: none"> • Nov 27 Thanksgiving weekend • Dec 25 Christmas • Jan 1 New Year Day • Feb 12 Super Bowl
For More Information	<ul style="list-style-type: none"> • Contact Eric Mellem at eric.mellem@lacity.org